

'Walk our Way' to the Lake District

Win an invigorating hill-walking break with the New Dungeon Ghyll Hotel near Ambleside in the beautiful Lake District, one of Lakeland's finest walking hotels



BLOW off the cobwebs with an invigorating hill-walking break at the New Dungeon Ghyll Hotel, at Great Langdale.

Situated at the head of the famed Langdale Valley near the charming town of Ambleside, the New Dungeon Ghyll is an historic, family-run hotel dating back to 1862. It has an excellent reputation for hospitality and superb, hearty food which uses both local and seasonal produce - delicious meals which you will look forward to after a long day walking in the hills and countryside. Evocative pine log fires are another hotel trademark.

The hotel has just launched 'Walk Our Way', a selection of short break packages offering great prices, great food and the very best personal service.

'Walk Our Way' is aimed not only at serious hill-walkers but at any guest who wants to savour their time in this stunning part of the UK and who may want to try a new outdoor experience for the first time or simply soak up the culture associated with the area's literary heroes, such as William Wordsworth, Samuel Coleridge and Beatrix Potter.

New Dungeon Ghyll Hotel, Great Langdale, nr. Ambleside, Cumbria LA22 9JX. Tel:1539 437213. Email: enquiries@dungeon-ghyll.com. Website: www.dungeon-ghyll.com

To win a superb two-night break for four people, which includes all meals and accommodation, simply answer the following question:

One of the famous peaks in the Langdale Valley near the New Dungeon Ghyll is:

- a) Pavey Ark
- b) Pavey Pike
- c) Harrison Ark

Send your answer plus your full contact details to New Dungeon Ghyll Hotel Competition (NEL), PO Box 199, Hexham, Northumberland NE46 9AG, or email your answer with your contact details with the subject heading 'New Dungeon Ghyll Hotel Competition' to competitions@northeast-life.co.uk

Rules of entry:

Competition closes on December 24, 2009. The winner will be the first correct entry selected at random from all correct entries received. No purchase necessary. No cash alternative given. No entrant may win more than one prize. Employees (and relatives) of Archant, New Dungeon Ghyll Hotel and associated companies are not eligible to enter.

The winner must be willing to take part in post-event publicity if necessary. Entries that are illegible or not in accordance with the rules will be disqualified. The competition prize may not be transferred or assigned to any other person and no cash alternative or alternative prize is available. In the event of the advertised competition prize being unavailable for whatever reason, North East Life is not responsible and is not required to offer an alternative prize of equal or greater value.

The judge's decision is final and no correspondence will be entered into. Winners will be notified within 21 days of the closing date. Only one entry per person. For standard terms and conditions please see page ??.

Entrants must be 18 or over.